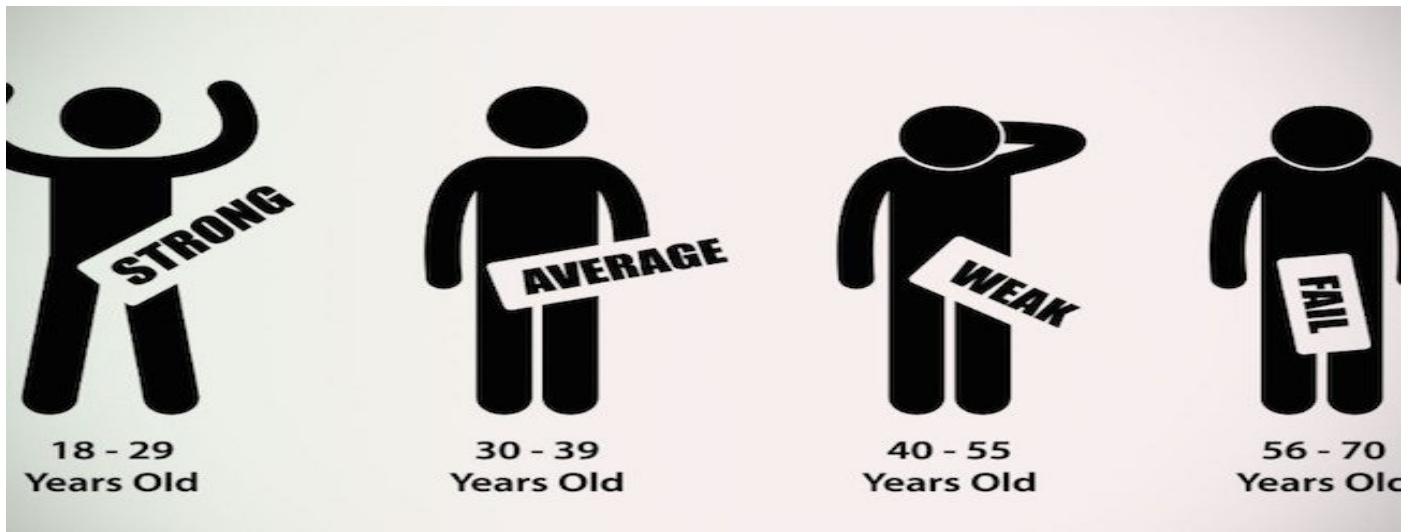


Should Men Have To Disclose ED?



My last five lovers have had Erectile Dysfunction (ED). It isn't a problem except that I didn't find out until we were trying to have intercourse.

It wasn't that we didn't have conversations about our sexual needs, history, or preferences, including the condom one, because we did. But, at no point in all those steamy and practical chats did the topic of ED—that it was a condition he had experienced or was currently experiencing—come up.

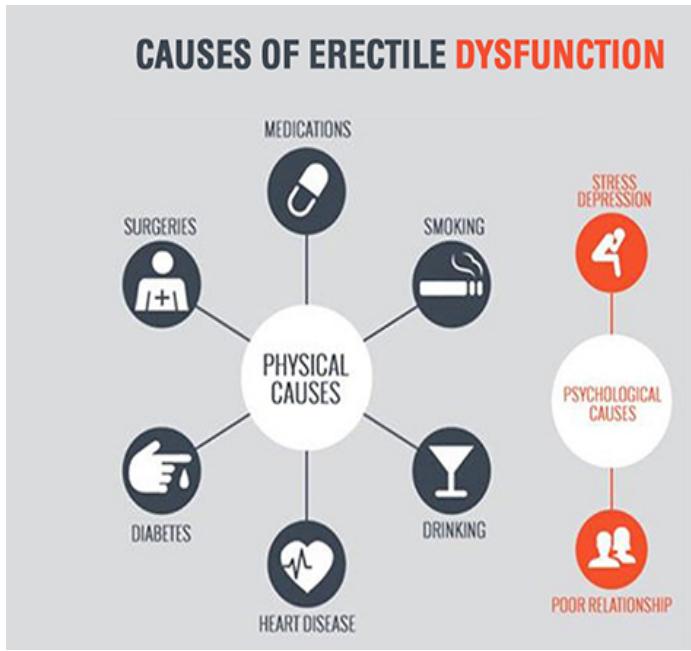
When things were heating up in the bedroom, I pulled out all my best tricks and my guy seemed interested in doing the deed, but his little friend lay limp and non-responsive.

I asked, "is there anything you'd like me to do?" and even suggested we "try again in the morning". When neither or those netted any better results, as any sexually healthy woman would do when her male partner can't get it up, I asked myself, "is it me?" I questioned my skills, if he was attracted to me or if there was something else wrong with me. I was feeling badly for the both of us but more so for myself because after all the talk and time, I really wanted to have sex.

Then I got angry. I thought, if he knew this was a problem, when he was spouting off about what he'd like to do to me, why didn't he mention it? Or, during the planning of our night together why not get the little blue pill or do whatever was necessary to ensure a sexually productive evening?

And, he still wasn't talking about it! No, "my doctor says it isn't physical" or "sorry this has never happened before". He tried to satisfy me with oral and manual stimulation but when you want chocolate, potato chips just don't cut it.

Doctors say that ED is either a psychological or a physical problem with a variety of causes and a variety of treatment options (see tables below). And there are suggestions of positions (woman on top), oral (man on knees), manual stimulation (doggy style but keep pressure at base of penis), and morning sex after a light breakfast.



I know it is a sensitive issue for men. After all, their manhood is well, their manhood. It would be a useful conversation to have during the “let’s have sex” talk or at the very least before you are both naked and expecting to have a very good time.

Tell a sister what’s up, or not up, so she can, at the very least, be prepared to come at sex with a different perspective.

I talked to my girlfriends and asked the question, “much like disclosing a sexually transmitted illness or disease (STI or STD) should men have to disclose ED?” The women all agreed with a resounding “Yes!”

What do you think?

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